

Disciplina: Língua Inglesa

Série: 3ª série do Ensino Médio

Professor(a): Wagner Borges Jr.

Objetivo: Rever vocabulário aprendido ao longo do trimestre, interpretar textos e rever conteúdo gramatical.

1. CONTEÚDO

Interpretação de texto, pronomes e conjunções.

2. ROTEIRO DE ESTUDO

Interpretar textos e responder as perguntas propostas. Uso de dicionário sempre que necessário. Anotar as palavras desconhecidas. Rever conteúdo gramatical e vocabulário do livro.

3. FORMA DE AVALIAÇÃO:

- Durante o período de recuperação o aluno realizará uma lista com exercícios de revisão que terá o valor máximo de 2,0. A lista deverá ser realizada e entregue no dia da prova de REC para o aplicador;
- Os alunos participarão de plantões de dúvidas agendados pela coordenação, se necessário.
- Realização de Prova escrita com o valor de 8,0 agendada pela coordenação.

4. Lista de exercícios:

Nome: _____ N° _____ Data: ____/____/____

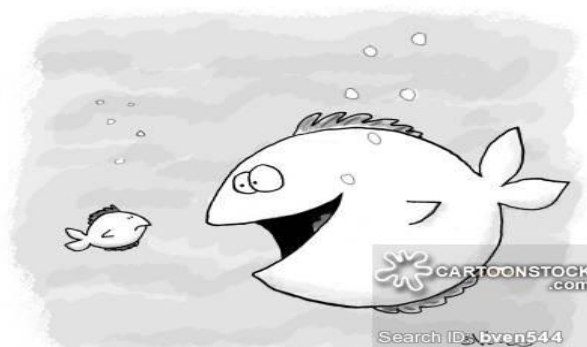
1. Qual é o lado positivo e o lado negativo na charge abaixo?



2. Ao analisarmos a imagem abaixo que nos traz um dado, percebemos um lado cômico. Explique.



3. Quais são os dois elementos da cadeia alimentar presentes na imagem abaixo? Justifique.



“And now, as a token of my appreciation for the vital role your species plays in the food chain, I’m going to eat you!”

(The Guardian) **Fasting diets may raise risk of diabetes, researchers warn**

Fasting every other day to lose weight could have damaging side effects. That is the conclusion of a group of scientists speaking this weekend at the European Society of Endocrinology’s annual meeting.

Their findings suggest that fasting-based diets may impair the action of sugar-regulating hormone insulin, and lead to increased risk of diabetes. Care should be taken before starting such programmes, say researchers.

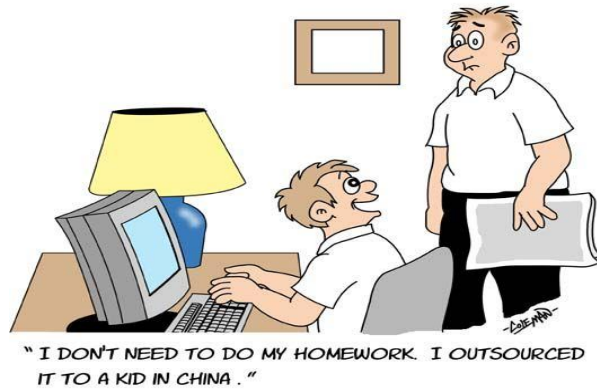
Ana Bonassa, whose team from the University of São Paulo in Brazil carried out the study, said: “This is the first study to show that, despite weight loss, intermittent fasting diets may actually damage the pancreas and affect insulin function in normal healthy individuals, which could lead to diabetes and serious health issues.”

In recent years intermittent fasting diets have gained popularity. Participants fast for two days out of seven, or on alternate days. However, evidence of their success has been contradictory and there is debate among doctors about their potential to trigger harmful long-term effects.

1. Qual é o alerta dado pelos pesquisadores no texto acima?

2. A pesquisa foi realizada na USP e foi conduzida por Ana Bonassa. Qual foi sua declaração sobre o estudo?

3. No último parágrafo do texto é demonstrado que essa dieta é polêmica entre os médicos. Qual é a preocupação dos médicos?



4. Por que o pai fica surpreso com a fala do filho?

Overweight kids can slim down using video games

(adaptado) JULY 31, 2018

(Reuters Health) - Obese kids may be able to drop weight with the help of an unlikely aid: video games.

Special exercise video games helped overweight children drop pounds - and improve their cholesterol and blood pressure - while they were having fun, in a study reported in *Pediatric Obesity*.

It makes more sense to co-opt kids' favorite pastime than to fight it, said the study's lead author Amanda Staiano of the Pennington Biomedical Research Center at Louisiana State University.

"Kids are really interested in this and spend hours a week playing," Staiano said. "So, rather than blame the games and technology, it made sense to see how they could help."

Staiano and her colleagues felt it was critical to find ways to reach overweight kids. In Louisiana, more than one in three children (35.3 percent) between the ages of 10 and 17 are overweight and more than one in five (21.1 percent) are obese.

The video games funnel kids' competitive urges into various kinds of exercise. "Your body becomes input into the game through an infrared sensor," she explained. "It's constantly reading what your body is doing. And you make points controlling the player on the screen with your own body."

To make a more effective program, weekly talks with a coach via the internet were included. "That helped keep them accountable for physical activity goals," Staiano said. "Other groups have given kids games at home only to find that kids stopped playing after a few weeks."

Staiano and her colleagues tested their program, dubbed GameSquad, with the help of 46 families, each of which had a child between 10 and 12 who was overweight or obese. The intervention was designed to last six months.

Most of the families - 22 out of 23 - in the gaming group completed the six-month program. By the end of the study, the kids in this group had reduced their body mass index by about three percent, **while** kids in the control group had increased their BMIs by one percent. Similarly, cholesterol levels went down in the gaming group, while they rose in the control group.

And although family members weren't monitored as part of the study, "anecdotally we heard from parents who also lost weight," Staiano said.

The findings show that "harnessing modern technology along with appealing to a child's interest in gaming can help achieve an increase in physical activity," said Van Horn, who was not involved in the new research. "Everybody is more interested in reducing exposure to screens. This study took advantage of the fact kids like to look at screens and applied it in such a way that the kids were motivated to exercise. This could have a new meaning for adapting screens to a favorable outcome."

1. O que foi descoberto pelo estudo feito e reportado pela revista *Pediatric Obesity*?

2. O termo “**rather than**” em destaque no texto indica:

- a) contrariedade
- b) exemplificação
- c) finalidade
- d) propósito
- e) contraste

3. Explique o funcionamento do jogo.

4. Conversas semanais com um instrutor foram realizadas com o intuito de tornar o estudo mais eficaz. Segundo a autora Amanda Staiano isso foi importante, por quê?

5. O estudo teve duração de seis meses. Compare os resultados obtidos entre os dois grupos.

6. No trecho “*Most of the families - 22 out of 23 - in the gaming group completed the six-month program. By the end of the study, the kids in this group had reduced **their** body mass index by about three percent...*” o pronome possessivo **their** refere-se a:

- a) the families
- b) the gaming group
- c) the six-month program
- d) the study
- e) the kids

7. O termo “**while**” em destaque pode ser substituído sem que haja alteração no sentido da frase por:

- a) thus
- b) yet
- c) whereas
- d) though
- e) furthermore

Trade wars. Truce, for now

(The Economist) At a summit on trade yesterday, Donald Trump agreed to cease fire in his trade war with the EU. He promised to hold off imposing more tariffs and agreed to work with the bloc to reform the World Trade Organisation. However, the most significant announcement of the week may have come the day before, when Mr Trump’s agriculture secretary outlined a relief package of up to \$12bn for American farmers hit by retaliatory tariffs from trade partners.

1. O que aconteceu no dia anterior?

2. Qual foi o resultado?

3. O que representa a cifra de 12 bilhões de dólares?

Ebola Outbreak in Congo Is Not Yet a Global Emergency, WHO Says

World health leaders met on Friday to discuss the Ebola outbreak in the Democratic Republic of the Congo (DRC) and concluded that for the time being, while the outbreak is serious, it is not a public health emergency of international concern.

So far, 14 cases in DRC have been confirmed by laboratory testing, according to the WHO. While most of the cases were in remote areas, one of the people tested positive in Mbandaka, a densely populated city of nearly 1.2 million. There are also 21 other probable cases and 10 suspected cases. Three health workers are among the reported cases. The WHO has requested \$26 million to aid in the response.

Ebola is a virus that spreads through direct contact with the bodily fluids of someone who is infected with the virus or has died from it. It can also spread from from the bodily fluids of animals to humans. There's currently no cure, but there is an experimental vaccine.

The locations of the current outbreak are particularly concerning. In the urban area of Mbandaka, the risk of transmission is high. The WHO and other groups maintain that one of best ways to control a virus like Ebola is to identify an individual with the disease, isolate and treat them, and then locate and potentially isolate anyone they came in contact with. In a city of more than one million people, that's a much more difficult task.

Time.com

1. Qual foi a conclusão da OMS (Organização Mundial da Saúde)?

2. Explique como o virus do ebola se dissemina.

3. Segundo a OMS e outros órgãos, qual é a melhor maneira de controlar o ebola?

4. Por que isso seria uma difícil tarefa em Mbandaka?

OPEC agrees modest hike in oil supply after Iran softens stance

VIENNA (Reuters) - OPEC agreed on Friday on a modest increase in oil production from July after its leader Saudi Arabia persuaded arch-rival Iran to cooperate amid calls from major consumers to help reduce the price of crude and avoid a supply shortage.

Two OPEC sources said the group agreed that OPEC and its allies led by Russia should increase production by about 1 million barrels per day (bpd), or 1 percent of global supply.

The real increase will be smaller because several countries that recently underproduced oil will struggle to return to full quotas while other producers will not be allowed to fill the gap, OPEC sources have said.

The United States, China and India had urged OPEC to release more supply to prevent an oil deficit that would hurt the global economy.

Saudi Arabia and Russia said they were happy to pump more but Iran had criticized the idea as it faces export-crippling U.S. sanctions.

1. O que foi admitido pela OPEP de acordo com o título do artigo?

2. Por que o aumento real será menor?

3. Qual foi o pedido dos EUA, China e Índia? Qual é a justificativa de tal pedido?

4. O que a Arábia Saudita e Rússia propuseram-se a fazer? Por que foram criticados pelo Irã?
